

**MENTAL HEALTH AWARENESS WEEK: 13 – 17 MAY 2019**

	<b>MONDAY 13<sup>th</sup></b>	<b>TUESDAY 14<sup>th</sup></b>	<b>WEDNESDAY 15<sup>th</sup></b>	<b>THURSDAY 16<sup>th</sup></b>	<b>FRIDAY 17<sup>th</sup></b>
WHAT	PEDOMETER CHALLENGE	NIGHTINGALE HOLISTIC	NIGHTINGALE HOLISTIC	LUNCHTIME TALK	STAFF CHOIR – OPEN SESSION
WHEN	10:00	10:00 – 14:00	10:00 – 14:00	12:30 – 14:30	13:00 – 14:00
WHO	WELLBEING/GREEN IMPACT/AMH	MOYAH CUNNINGHAM	MOYAH CUNNINGHAM	VARIOUS SPEAKERS	WELLBEING CHOIR
WHERE	JUNCTION	PFC/01/023	PFC/01/023	PFC 0G/007	JUNCTION (OR OUTSIDE)
COST	CHARITABLE DONATION	STAFF PAY FOR SESSION	STAFF PAY FOR SESSION	FREE	FREE
TO BOOK		TO BOOK CLICK <a href="#">HERE</a>	TO BOOK CLICK <a href="#">HERE</a>	TO BOOK CLICK <a href="#">HERE</a>	
	<b>MONDAY 13<sup>th</sup></b>	<b>TUESDAY 14<sup>th</sup></b>	<b>WEDNESDAY 15<sup>th</sup></b>	<b>THURSDAY 16<sup>th</sup></b>	<b>FRIDAY 17<sup>th</sup></b>
WHAT	LUNCHTIME WALK - BOTANIC GARDENS	YOUNG MEN AND DEPRESSION	PURPLE PICNIC	INFORMATION STALLS	LUNCHTIME WALK - BOTANIC GARDENS
WHEN	13:00 – 14:00	13:00 – 14:00	12.30 – 2.30PM	10:30 – 15:00	13:00 – 14:00
WHO	BELFAST CITY COUNCIL	CALLUM MCDONALD (YEAR 2 MENTAL HEALTH STUDENT)	QUB AND ACTION MENTAL HEALTH	VARIOUS CHARITIES AND QUEEN'S RESEARCH GROUPS	BELFAST CITY COUNCIL
WHERE	BOTANIC GARDENS	MBC TEACHING CENTRE LECTURE THEATRE 2	GREAT HALL AND QUAD	JUNCTION AND PFC FOYER	BOTANIC GARDENS
COST	FREE	FREE		FREE	FREE
TO BOOK	TO BOOK CLICK <a href="#">HERE</a>	TO BOOK CLICK <a href="#">HERE</a>			TO BOOK CLICK <a href="#">HERE</a>
	<b>MONDAY 13<sup>th</sup></b>	<b>TUESDAY 14<sup>th</sup></b>	<b>WEDNESDAY 15<sup>th</sup></b>		
WHAT	CYBERBULLYING: E-MOTIONAL ABUSE	MENTAL HEALTH NURSING STUDENTS STALLS	INFORMATION STALLS		
WHEN	13:00 – 14:00	10:30 – 15:00	12.30 – 14.30		
WHO	INSPIRE	MENTAL HEALTH NURSING STUDENTS	QUEEN'S SPORT, DR KAREN GALWAY, DR CLARE MCEVOY		
WHERE	MATHS AND PHYSICS TEACHING CENTRE 0G/017	MBC FOYER	GREAT HALL AND QUAD		
COST	FREE	FREE	FREE		
TO BOOK	TO BOOK CLICK <a href="#">HERE</a>				
		<b>TUESDAY 14<sup>th</sup></b>	<b>WEDNESDAY 15<sup>th</sup></b>		
WHAT		HOW TO IMPROVE YOUR SLEEP	'SCUSE ME EXHIBITION TOUR		
WHEN		13:00-14:00	13:00-14:00		
WHO		PROFESSOR GERRY GORMLEY	NAUGHTON GALLERY		
WHERE		MATHS AND PHYSICS TEACHING CENTRE 0G/017	NAUGHTON GALLERY		
COST		FREE	FREE		
TO BOOK		TO BOOK CLICK <a href="#">HERE</a>	TO BOOK CLICK <a href="#">HERE</a>		
			<b>WEDNESDAY 15<sup>th</sup></b>		
WHAT			'SCUSE ME EXHIBITION TOUR		
WHEN			13.30 – 13.50		
WHO			NAUGHTON GALLERY		
WHERE			NAUGHTON GALLERY		
COST			FREE		
TO BOOK			TO BOOK CLICK <a href="#">HERE</a>		

